Installation Instructions for Z1 Sub-frame Bushings

Included in kit:

- 2 Thick Upper Bushings
- 2 Thin Upper Bushings
- 4 Small Hole Lower Bushings
- 1. Pull sub-frame from car.
- 2. Completely remove factory sub-frame bushings (all of the metal sleeves must be removed).
- 3. Place the top straight hole bushings on the studs for the sub-frame on the car. There is a thick and thin straight hole bushing, the thick one goes on the front, and the thin one goes on the rear. The larger diameter part of the bushing goes on top. Place a zip tie on the stud to hold the bushing up next to the frame.
- 4. Lift the sub-frame up and onto the bushings that you put on the car (in step 3) as far as it will go.
- 5. Place the lower bushing onto the stud, the larger diameter part is the bottom of the bushing, and using a rubber mallet if necessary, push it up into the sub-frame until a nut can be threaded onto the stud. Repeat this for all four of the lower bushings. For the front bushings, there is a piece that goes on the stud that also bolts to the body of the car using two bolts, this will not be used.
- Tighten the nuts down until the bushings, top and bottom, have completely seated into the sub-frame, then continue until tight.